

Do you require support services? (Continued)

- ▶ First Nation: Advocate
- ▶ Lheidli T'enneh Nation:
 - Home Visits
 - Individual Support (Check ins or assistance with other needs)
 - Applications for Social Assistance
 - Research Home Care
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ Niwikowin Metis Family Services: Cultural Supports
- ▶ Positive Living North: Support Services
- ▶ Prince George Indigenous Justice Centre / British Columbia First Nation Justice Centre:
 - Support with accessing Social Services
 - Assistance with Application Processes
- ▶ School District 57:
 - Indigenous Education Social Workers
 - School Counsellors

Are you looking for somewhere to get a warm meal today?

- ▶ Carrier Sekani Family Services: Community Linkages (soup bus)
- ▶ Central Interior Native Health Society: Natsoolyis' (Let us Rest)
- ▶ Lheidli T'enneh Nation: Community Kitchen
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ Nak'azdli Whut'en:
 - Care Closet stocked with snacks and coffee
 - Regular Soup and Bannock Days (See Facebook Posting)
- ▶ Positive Living North: Fire Pit Cultural Drop in Centre
- ▶ Prince George Native Friendship Centre:
 - 2nd Avenue Co-Ed Shelter
 - Emergency Resources/Foodbank
 - Smokehouse Restaurant

Do you need to talk to an elder?

- ▶ Central Interior Native Health: Cultural Services
- ▶ Lheidli T'enneh Nation: Elders Society
- ▶ McLeod Lake Indian Band:
 - Language And Culture Planning
 - Elder and Youth Programs
- ▶ Nak'azdli Whut'en: Elder's Tea Events (sometimes at Lunch)
- ▶ Niwikowin Metis Family Services: Cultural Connections through Elders
- ▶ Positive Living North: Fire Pit Drop Cultural Drop in Centre
- ▶ Prince George Native Friendship Centre: Cultural Advisor

Do you need harm reduction materials including Naloxone?

- ▶ Central Interior Native Health: Harm Reduction
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ Positive Living North: Harm Reduction and Outreach
- ▶ Prince George AIDS Prevention Program/Needle Exchange – Harm Reduction and Outreach

WOMEN

Are you a woman looking for housing?

- ▶ Carrier Sekani Family Services: Dzee Ba'ugh (Heart House)
- ▶ Central Interior Native Health:
 - Women's Healing Circle
 - Women's Wellbriety

- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ McLeod Lake Indian Band – Housing Department: On-Reserve Housing
- ▶ Prince George Native Friendship Centre: Tsee'Koo Huba Yoh (supported housing)

Are you interested in learning more about staying safe in the community?

- ▶ Carrier Sekani Family Services: Highway of Tears Violence Prevention, Support, and Awareness
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ Native Courtworker and Counselling Association of BC (NCCABC):
 - Women's right to be safe publication
 - Indigenous Victim Services Worker
 - Indigenous Family and Youth Advocate

YOUTH

Are you a youth in need of support to reduce poverty and experience better outcomes?

- ▶ Carrier Sekani Family Services:
 - Foundry (Burns Lake)
 - Health and Wellness Counselling Program
 - Youth Services
- ▶ McLeod Lake Indian Band – Health Department:
 - Social Services, Counsellors, and Medical
 - Language And Culture Planning
 - Elder and Youth Programs
- ▶ McLeod Lake Indian Band – Education Department: Elementary, Secondary and Post Secondary Assistance
- ▶ McLeod Lake Indian Band – Youth Department/ Student Support
- ▶ Nezul Be Hunuyeh Child & Family Services Society:
 - Financial Supports
 - Outreach
 - Life Skills Training
 - Cultural Enrichment
 - Residential Support
 - Assistance with Education
 - Transportation
 - Budgeting
 - Weekly Group Sessions
- ▶ Prince George Native Friendship Centre:
 - Aboriginal Head Start Programs
 - Reconnect Youth Village
 - Youth Outreach
- ▶ Prince George Nechako Aboriginal Employment and Training Association: Trades Access Program
- ▶ Prince George Urban Aboriginal Justice Society: Youth Diversion Program
- ▶ School District 57:
 - Student Advisory Committee, by individual schools, and the school district
 - School Based Leadership Programs
- ▶ Takla Nation:
 - Health and Social Service
 - Youth and Elder Program
 - Youth Diversion Program

Are you a youth in care looking for support?

- ▶ Eagle Nest Community and Aboriginal Services: Respite and Outreach Services
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical

- Language And Culture Planning
- Elder and Youth Programs
- ▶ McLeod Lake Indian Band – Education Department: Elementary, Secondary and Post Secondary Assistance
- ▶ Prince George Native Friendship Centre:
 - FUBU (For Us By Us) Youth in Care Network
 - Friendship Home
- ▶ Native Courtworker and Counselling Association of BC (NCCABC): Family and Youth Advocate

Would you like to attend a youth camp but you don't have the resources?

- ▶ McLeod Lake Indian Band – Health Department:
 - Social Services, Counsellors, and Medical
 - Language And Culture Planning
 - Elder and Youth Programs
- ▶ McLeod Lake Indian Band – Education Department: Elementary, Secondary and Post Secondary Assistance
- ▶ Prince George Native Friendship Centre: Children's Summer Camp

Are you a victim of sexual assault requiring support?

- ▶ Carrier Sekani Family Services: Sexual Violence Survivor Support Program
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ Native Courtworker and Counselling Association of BC (NCCABC): Indigenous Victim Service Worker
- ▶ Prince George Native Friendship Centre: Victim Services Program

POST SECONDARY SUPPORT

Are you a university/college student looking for a culturally safe environment?

- ▶ College of New Caledonia:
 - Aboriginal Resource Centre
 - Academic Success Centre
 - Accessibility Services
 - Computer Labs
 - Cultural and Professional Development Workshops
 - Financial Aid and Awards
 - Future Students Advisors
 - Health and Wellness; Counselling and Wellness Coaching
 - Indigenous Student Housing
 - Safety and Security
 - Support before becoming a College of New Caledonia Student
 - Supports from Elders/Cultural Advisors, Student Navigator, Academic Advisor, and Wholistic Student Support Worker
 - Tutoring, Testing Services, and Study Space
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ University of Northern British Columbia:
 - Employment Opportunities, and Cultural Activities
 - First Nations Centre: Direct Student Services for Indigenous Learners
 - Indigenous Student Life Navigator, and Internal Services & Supports
 - Off-Campus Housing
 - Office of Indigenous Initiatives (OII)
 - Opportunities for Indigenous Graduate Students through FNC Research Studio
 - Tutoring for Academic Writing, Math, Statistics, and Chemistry

Hadih, Welcome TO THE UNCEDED ANCESTRAL LANDS OF THE LHEIDLI T'ENNEH Prince George



 Indicates that you need to be a member of that band/ organization to receive services.

ARTS AND CULTURE

Are you looking for arts and cultural activities?

- ▶ Aboriginal Housing Society:
 - Cultural activities
 - Artisan Fair
 - Drum Around Group
- ▶ Carrier Sekani Family Services: Language and Culture Training
- ▶ Central Interior Native Health Society – Natsoolyis Cultural Centre: Land Based Healing Including; Cultural Groups & Healing Circle
- ▶ College of New Caledonia: Cultural Events and Activities
- ▶ Lheidli T'enneh Nation: Community Events promoting and honouring Lheidli traditions of gathering, inclusion and respect
- ▶ McLeod Lake Indian Band:
 - Language and Culture Planning
 - Elders and Youth Activities
- ▶ Metis Family Services: Cultural Workshops, and camps/community gatherings
- ▶ Nak'azdli Whut'en:
 - Gatherings, Cultural Events, and Camping Day
 - Events/Dinner for Halloween and Christmas
- ▶ Nezul Be Hunuyeh Child & Family Services Society:
 - Cultural Workshops
 - Facilitation of Cultural Teachings and Supports
 - Dakh Language
 - Community Activities
- ▶ Positive Living North:
 - Fire Pit Drop Cultural Drop in Centre
 - Cultural Activities
- ▶ Prince George Indigenous Justice Centre / British Columbia First Nation Justice Centre: Access to Culturally Relevant Supports
- ▶ Prince George Native Friendship Centre: Cultural Advisor
- ▶ School District 57: Indigenous Education Workers
- ▶ University of Northern British Columbia: Cultural Connections Studio

CHILDREN, PARENTING AND FAMILY SERVICES

Do you need a specialist to help you in the early stage development of your child?

- ▶ Carrier Sekani Family Services: Best Beginnings Outreach Program
- ▶ Lheidli T'enneh FirstNation:
 - Brighter Futures
 - Child and Family Development Outreach Services for Individuals.
 - Family Development
- ▶ McLeod Lake Indian Band – Daycare Services
- ▶ Niwikowin Metis Family Services: Parenting Supports
- ▶ Prince George Native Friendship Centre:
 - Aboriginal Supported Child Development Program
 - AIFDP (Aboriginal Infant/Family Development Program)
 - Circle of Security
 - Early Intervention Program
 - Nobody's Perfect

Do you need support with your pregnancy/baby?

- ▶ Carrier Sekani Family Services:
 - Canadian Prenatal Nutrition Program
 - Maternal Child Health Program
- ▶ Central Interior Native Health Society:
 - Prenatal & Perinatal Clinic
 - Perinatal Cultural Support Program
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ Prince George Native Friendship Centre – Wazdidadilh "Beginning the Journey"

Do you need help with issues related to the Ministry for Children and Family Development (MCFD) and/or support from a social worker?

- ▶ Aboriginal Housing Society: Ministry Support
- ▶ BC First Nations Justice Council: Prince George Indigenous Justice Centre
- ▶ Carrier Sekani Family Services:
 - Delegated Child and Family Services
 - Family Empowerment Supported Visit Program
 - Mediation and Family Justice Services

- ▶ Central Interior Native Health Society: Social Worker & Indigenous Support Worker
- ▶ Eagle Nest Community and Aboriginal Services: Therapeutic Homes for Children, Youth, or Adults
- ▶ Lheidli T'enneh Nation: Advocacy regarding MCFD, SD57, Northern Health, Canadian Mental Health, Department of Justice, Family Law, etc.
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ Native Courtworker and Counselling Association of BC (NCCABC): Prince George Native Youth and Family Advocate
- ▶ Nezul Be Hunuyeh Child & Family Services Society:
 - Child and Family Services
 - Community Wellness Teams
 - Family Preservation Program
 - Supports with Home Visiting
 - Supporting with Family and Caregivers
- ▶ Niwikowin Metis Family Services:
 - Family Support Advocacy
 - Supports for families with MCFD involvement
- ▶ Positive Living North: Support Services
- ▶ Prince George Indigenous Justice Centre / British Columbia First Nation Justice Centre: Advocacy and Support dealing with MCFD
- ▶ Prince George Native Friendship Centre:
 - Family Law Legal Advocacy Program
 - Pro Bono Law Clinic
- ▶ Takla Nation: Health and Social Services

Is your family in crisis and you need intervention/mediation?

- ▶ Carrier Sekani Family Services:
 - Family Preservation
 - Intensive Family Therapeutic Services
- ▶ Central Interior Native Health Society: Social Workers, Wellness Counsellor
- ▶ Eagle Nest Community and Aboriginal Services: Family Enhancement / Reunification Services
- ▶ Lheidli T'enneh Nation: Conflict Resolution, Crisis Management and Mediation
- ▶ McLeod Lake Indian Band – Health Department: Social Services, Counsellors, and Medical
- ▶ Nak'azdli Whut'en: Therapy and Mental Wellness Supports
- ▶ Prince George Native Friendship Centre: The Aboriginal Child & Youth Wellness Program

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As a parent, do you need some coaching, training to enhance your parenting skills?

- ▶ Aboriginal Business Development Centre: *Financial Literacy for Parents/Families*
- ▶ Carrier Sekani Family Services:
 - *Collaborative Practices Program*
 - *Urban Family Preservation*
 - *Wrap around parent guidance and support*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
 - *Family Support Advocacy* 🍁
 - *And Family Preservation* 🍁
- ▶ Nezul Be Hunuyeh Child & Family Services Society:
 - *Parenting* 🍁
 - *Goal Setting* 🍁
- ▶ Prince George Native Friendship Centre: *Building Blocks Parenting Program*
- ▶ School District 57: *Inclusive Education*

Are you looking for a culturally safe day care/child minding program for your little ones?

- ▶ Aboriginal Housing Society: *Leisure Access Program*
- ▶ Carrier Sekani Family Services:
 - *Early Years Preschool*
 - *Little Angels Day Care*
 - *Middle Years Program*
- ▶ McLeod Lake Indian Band – *Daycare Services* 🍁
- ▶ Niwikowin Metis Family Services: *Early Years*
- ▶ Prince George Native Friendship Centre:
 - *Little Cub Childcare Centre*
 - *Skeh Baiyoh*
 - *Tsul Cho Day Care*

Are you looking for arts and cultural activities for your little ones?

- ▶ Niwikowin Metis Family Services: *Early Years*
- ▶ Nezul Be Hunuyeh Child & Family Services Society:
 - *Attendance at Cultural Events and Programs* 🍁
 - *Cultural Connections* 🍁
- ▶ School District 57: *Parent Advisory Committee (PAC) by individual schools and the school district.*

ELDERS

Are you an elder seeking support?

- ▶ Aboriginal Housing Society: *Coffee with Elders*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
 - *Family Support Advocacy* 🍁
 - *And Family Preservation* 🍁
- ▶ Nak'azdli Whut'en:
 - *Practical Supports: Transportation, guidance, and day-to-day challenges* 🍁
 - *Care Closet: Stocked with essential personal items for members in need* 🍁
- ▶ Niwikowin Metis Family Services: *Elder Support and mentorship/connect*
- ▶ Prince George Native Friendship Centre:
 - *Better at Home program*
 - *Cultural Advisor*

EMPLOYMENT, TRAINING AND SKILLS UPGRADING

Do you need employment training or skills upgrading?

- ▶ Aboriginal Business Development Centre: *Entrepreneur skills + training*
- ▶ Carrier Sekani Family Services: *Bridging to employment*

- ▶ Eagle Nest Community and Aboriginal Services: *Life Skills Training and Supports*
- ▶ Lheidli T'enneh Nation:
 - *Life Skills Support, Mentorship, and Programs*
 - *Job Boards and Online Applications*
 - *Outland Youth Employment Program*
 - *Labour Force Skills Inventory*
 - *PGNAETA Indigenous Skills & Employment Training Strategy*
- ▶ McLeod Lake Indian Band – *Employment and Training Department:*
 - *Workforce Promoter* 🍁
 - *Resume Writing, Job Search, and Training* 🍁
- ▶ Niwikowin Metis Family Services: *Assistance with form completion*
- ▶ Positive Living North: *Education department & support services*
- ▶ Prince George Native Friendship Centre:
 - *Aboriginal Career Development Counselor*
 - *Community Connector Program*
 - *Learning Circle Literacy Program*
 - *Native Employment Counsellor*
 - *Smokehouse Hospitality & Catering*
 - *Smokehouse Food Truck*
 - *Starting Point – Bladerunners*
- ▶ Prince George Nechako Aboriginal Employment and Training Association:
 - *Aboriginal Employment Gateway*
 - *Community Based Employment Services*
 - *Life and Employability Skills*
 - *Trades Math & Intro to Physics*
 - *Computer Training Program*
- ▶ Takla Nation: *Employment and Training*

Do you need nutrition support, advice or training?

- ▶ Aboriginal Business Development Centre: *Nutrition Advice and Food Security Training*
- ▶ Lheidli T'enneh Nation: *Community Health Promotion and Injury Prevention*
- ▶ McLeod Lake Indian Band – *Health Department* 🍁
- ▶ Positive Living North: *Food Hub Program*
- ▶ Prince George Native Friendship Centre: *Smokehouse Kitchen Program*
- ▶ School District 57: *Feeding Futures Program (School Nutrition Programs)*

HEALTH AND WELLNESS

Are you in the medical system and need an advocate to help you communicate with the healthcare staff?

- ▶ Carrier Sekani Family Services: *Aboriginal Patient Liaison*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
- ▶ Nak'azdli Whut'en: *Health Department* 🍁
- ▶ Positive Living North: *Support Services*

Do you need help travelling for medical reasons outside of your community?

- ▶ Carrier Sekani Family Services: *First Nations Health Benefits/Patient Travel*
- ▶ Lheidli T'enneh Nation: *Transportation for individuals to attend community events, medical visits, court dates, and other appointments*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
- ▶ Nak'azdli Whut'en: *Assistance with filling and submitting Patient Travel Requests* 🍁
- ▶ Prince George Native Friendship Centre: *Emergency Resources/Foodbank*

Do you need mental health services?

- ▶ Carrier Sekani Family Services:
 - *Health and Wellness Counselling Program*
 - *Indian Residential School Survivors*
- ▶ Central Interior Native Health Society: *Mental Health Counsellor and Drug and Addictions Counsellor*
- ▶ Eagle Nest Community and Aboriginal Services: *Adult Staffed Therapeutic Services*
- ▶ Lheidli T'enneh Nation:
 - *Mental Health Crisis Management*
 - *Mobile Support Team*
 - *Therapeutic Prevention and Intervention*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
- ▶ Nak'azdli Whut'en: *Mental Health Practitioner* 🍁
- ▶ Positive Living North: *Indigenous Counsellor*
- ▶ Prince George Native Friendship Centre:
 - *Covid Relief Counselling*
 - *Peer Assisted Care Team (PACT)*
 - *Native Healing Centre*
 - *Trauma Informed Mental Health Program*

Do you need Diabetes education, checkups or testing?

- ▶ Carrier Sekani Family Services:
 - *Children's Oral Health Initiative*
 - *Primary Care*
 - *Mobile Diabetes*
- ▶ Lheidli T'enneh Nation: *Aboriginal Diabetes Initiative*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁

Do you need healthcare services?

- ▶ Carrier Sekani Family Services:
 - *Nursing*
 - *CSFS Primary Care Office and Yu Be-yah Clinic*
- ▶ Central Interior Native Health Society:
 - *Clinic Services*
 - *Medical Services*
- ▶ Positive Living North:
 - *Crisis Intervention*
 - *On Site Elders*
 - *Peer Counselling*
- ▶ Prince George Native Friendship Centre: *Pain Control Dental Clinic*
- ▶ Takla Nation: *Health and Social Services*

HOUSING

Are you looking for affordable housing?

- ▶ Aboriginal Housing Society
- ▶ Carrier Sekani Family Services: *Family Preservation – Housing*
- ▶ McLeod Lake Indian Band – *Housing Department: On-reserve housing* 🍁
- ▶ Nak'azdli Whut'en: *Off-reserve housing funding, and assistance with filling out and submitting the Application* 🍁
- ▶ Niwikowin Metis Family Services: *Temporary Rental Assistance*
- ▶ Positive Living North/Fire Pit Cultural Drop In:
 - *Housing Support Worker*
 - *Housing Coordinator*
- ▶ Prince George Indigenous Justice Centre / British Columbia First Nation Justice Centre: *Supports with accessing Housing*
- ▶ Prince George Native Friendship Centre:
 - *2nd Avenue Co-Ed Shelter*

- *CLBC Global Cluster Housing – Adults*
- *CLBC Global Cluster Housing – Youth*
- *Covid Expansion Shelter*
- *Elder's Place*
- *Fraser Inn*
- *Friendship Lodge*
- *House of Friendship*
- *Indigenous Complex Care*
- *Ketso Yoh*
- *My Way – Supportive Housing for Youth*
- *My Way – Supportive Housing for Young Adults*
- *Our Place to Dream – Post Majority Housing*
- *Reconnect Youth Village*
- *The Inn*
- *T'se Koo Huba Yoh (women's shelter and transitional housing)*

INFORMATION

Are you looking for information/education on what services are available?

- ▶ Carrier Sekani Family Services: *Community Linkages (soup bus)*
- ▶ Central Interior Native Health Society: *HIV/HCV Education Program*
- ▶ Lheidli T'enneh Nation:
 - *HIV/AIDS Prevention*
 - *Drinking Water Safety*
 - *Community Resource Referral and Assistance with Application Processes*
- ▶ McLeod Lake Indian Band – *Education: Elementary, Secondary and Post Secondary Assistance* 🍁
- ▶ Native Courtworker and Counselling Association of BC (NCCABC)
- ▶ Nak'azdli Whut'en
- ▶ Positive Living North: *Education and Prevention*
- ▶ Prince George Indigenous Justice Centre / British Columbia First Nation Justice Centre:
 - *Resource Worker*
 - *Referrals for Gladue Reports*
- ▶ Prince George Native Friendship Centre: *Employment and Training Department*
- ▶ Takla Nation: *Education (K-12 support services)*

Do you need help with your computer or printing/photocopying services?

- ▶ Nak'azdli Whut'en:
 - *Printing/Photocopying Services* 🍁
 - *Assistance with Form Completion* 🍁
- ▶ Prince George Native Friendship Centre – *Computer Services Department*

FINANCIAL / BUSINESS

Do you need help learning about money, budgeting, credit and general finances?

- ▶ Aboriginal Business and Community Development Centre: *Financial Literacy Program*
- ▶ Aboriginal Housing Society: *Community Volunteer Income Tax Program (Seasonal)*
- ▶ Prince George Nechako Aboriginal Employment and Training Association: *Financial Wellness and Budgeting Tools*
- ▶ Prince George Urban Aboriginal Justice Society:
 - *Personal Income Tax Assistance*
 - *CPP Assistance (Retirement Pension)*
 - *Old Age Security and Guaranteed Income Supplement*
 - *Income Assistance*
- ▶ Positive Living North: *Support Services*

Do you need assistance starting or upgrading your business?

- ▶ Aboriginal Business and Community Development Centre:
 - *Business Development Services*
 - *One-On-One Business Counselling and Coaching*
- ▶ McLeod Lake Indian Band – *Economic Development Department: Current Business Relations, New Business Relationships, and People Wanting to start a New Business* 🍁

JUSTICE AND LEGAL

Do you need legal services or advice?

- ▶ Native Courtworker and Counselling Association of BC (NCCABC):
 - *Native court worker program*
 - *Bail Worker Program*
 - *Indigenous Family and Youth Program*
- ▶ Prince George Urban Aboriginal Justice Society:
 - *Adult Alternative Measures/Indigenous Justice Program*
 - *Indigenous Cultural Liaison*
 - *Aboriginal Wellness Reintegration Program*
 - *Adult Community Corrections*
 - *PG Regional Correction Centre Awareness Program*
 - *Institutional Reintegration Worker (IRW)*
 - *Gladue Aftercare*
 - *Community Legal Clinic*
- ▶ Prince George Indigenous Justice Centre / British Columbia First Nation Justice Centre: *Meeting with Staff Lawyer*
- ▶ Prince George Native Friendship Centre:
 - *Family Law Advocate*
 - *Pro Bono Law Clinic*
- ▶ BC First Nations Justice Council: *Community Legal Clinic*
- ▶ Takla Nation: *Justice Department*

2SLGBTQIA+

Are you a member of the 2SLGBTQIA+ community in need of services?

- ▶ Carrier Sekani Family Services: *Nanki Nezulne (our two spirits) Adult (18+) 2SLGBTQIA+ Health and Wellness services*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
- ▶ Nak'azdli Whut'en: *Mental Health Supports* 🍁
- ▶ Native Courtworker and Counselling Association of BC (NCCABC): *Indigenous Family and Youth Advocate*
- ▶ School District 57: *SOGI (Sexual Orientation Gender Identity)*

Are you a victim of sexual assault requiring support?

- ▶ Carrier Sekani Family Services: *Sexual Violence Survivor Support Program*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
- ▶ Native Courtworker and Counselling Association of BC (NCCABC): *Indigenous Victim Service Worker*
- ▶ Prince George Native Friendship Centre: *Victim Services Program*

MEN

Are you in need of a support network to build your health and wellness in an Indigenous model?

- ▶ Carrier Sekani Family Services: *Men's Wellness Program*

- ▶ Central Interior Native Health Society: *Natsoolysis Men's Wellness Group*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
- ▶ Positive Living North – *Fire Pit Cultural Drop in Centre: Dudes Club (meets in the evenings)*
- ▶ Prince George Native Friendship Centre:
 - *Ketso Yoh*
 - *Supportive Recovery*

SAFETY

Are you a victim of sexual assault requiring support?

- ▶ Carrier Sekani Family Services: *Sexual Violence Survivor Support Program*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
- ▶ Native Courtworker and Counselling Association of BC (NCCABC): *Indigenous Victim Service Worker*

Are you in a situation of pending harm and you need somewhere safe to go?

- ▶ Niwikowin Metis Family Services: *Gender based Violence Prevention Programming*
- ▶ Prince George Native Friendship Centre:
 - *Victim Services Program*
 - *Reconnect Youth Village*
- ▶ Takla Nation: *Health and Social Services*

SUBSTANCE USE AND RECOVERY / DETOX

Do you need help with problematic substance use and recovery services?

- ▶ Aboriginal Housing Society: *Wellbriety*
- ▶ Carrier Sekani Family Services:
 - *Addictions Recovery Program*
 - *Sobering Centre*
 - *Tachick Lake Healing Centre*
- ▶ Central Interior Native Health Society: *Addiction Services*
- ▶ Lheidli T'enneh Nation: *Alcohol and Drug Abuse*
- ▶ McLeod Lake Indian Band – *Health Department: Social Services, Counsellors, and Medical* 🍁
- ▶ Prince George Indigenous Justice Centre / British Columbia First Nation Justice Centre: *Support with accessing Treatment*
- ▶ Prince George Native Friendship Centre:
 - *Drug and Alcohol Counselling – Adults*
 - *Drug and Alcohol Counselling – Youth*
 - *Native Healing Centre*

SOCIAL SUPPORT

Do you require support services?

- ▶ Aboriginal Housing Society:
 - *Community Outreach Program*
 - *Indigenous support program*
 - *Seasonal Volunteer Tax Program For Low Income Individuals*
 - *Status Card Application(s)*
- ▶ Central Interior Native Health:
 - *Support Worker Services*
 - *Social Work Services*

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